Note to the patient taking MOVIPREP®

Name: __________________________

Date and time of the colonoscopy: __________________________ am pm

Instructions for eating and drinking

The day before the colonoscopy
- Please have easily digestible food on the evening of the day before your examination.
- There are no fluid restrictions. Please drink sufficient liquids.

On the day of the colonoscopy
- After waking up, please drink sufficient liquids (two or three glasses).
- Please skip breakfast. You should not eat anything until after your procedure.
- There are no fluid restrictions. Please drink sufficient liquids.

Precautions for taking MOVIPREP®

- Please follow the instructions of your doctor, nurse, or pharmacist for taking MOVIPREP®.
- Do not take MOVIPREP® when you are alone.
- Please inform your doctor, nurse, or pharmacist if you have constipation (no defecation for two or more days) or persistent diarrhea before taking MOVIPREP®.

If you have the following symptoms after drinking MOVIPREP®, please contact your doctor, nurse, or pharmacist immediately.

- sickness
- nausea
- vomiting
- abdominal pain
- paleness
- dizziness
- chills
- facial swelling
- choking
- urticaria

Contact details:

After the colonoscopy

- In some cases, defecation will continue.
- You may feel bloating and mild gas cramps after the procedure. Passing gas/stools several times will make you feel better.
- As the body loses water through defecation, in many cases, you may need to receive hydration. There is no restriction on the type of hydration at this time.
- Avoid all activities, and rest after the procedure.
Preparing MOVIPREP®

- Open the aluminum bag, remove the cap of the plastic bag, and pour water up to the ☆ mark on the bag.

- Screw on the cap tightly and press the bag from above with your hands to open the seal between agent A and agent B.

- Shake the bag well to dissolve the powder.

- Place the bag upright, remove the cap of this bag, and pour water up to the 2 L line. Screw on the cap tightly and shake the bag well. Please check if the powder has dissolved completely.

How to drink MOVIPREP®

- Drink MOVIPREP® slowly* until the liquid stool becomes clear.
  *As a guide to taking MOVIPREP®, drink one 6-ounce glass (about 180 mL) every 10-15 minutes.
- If you feel thirsty while drinking MOVIPREP®, you should drink water or tea.

[STEP 1]
- After consuming 1 L of MOVIPREP®, drink three 6-ounce glasses (about 500 mL) of water or tea slowly.

[STEP 2]
- If the liquid stool is not clear after STEP 1, you should continue drinking MOVIPREP® as illustrated below (Case example).
- If the liquid stool is clear, you should stop drinking MOVIPREP®.
- Finally, drink half the amount of water or tea as the amount of MOVIPREP® taken in STEP 2.
- If you have no defecation even after drinking about 2 L of MOVIPREP®, you should contact your doctor or other medical staff.

- The liquids you can drink include water (including mineral water) and tea (including green tea, coarse tea, oolong tea, barley tea, and black tea without sugar, milk, or creamer).
- The liquids you should avoid include sports drinks, drinks made with milk, juices, alcohol, and beverages containing sugar or solids.

Case example: (When you drink 1.5 L of MOVIPREP®, the liquid stool becomes clear.)
Drink one 6-ounce glass (about 180 mL) every 10-15 minutes.

- Please do not dissolve MOVIPREP® in other liquids, including tea, juice, or sports drinks.
- Please do not mix sugar, flavor, etc. with MOVIPREP®.
Stool checklist

- Solid stool
- Mushy stool
- Liquid stool with many particles
- Entirely clear liquid stool

- Drink water or tea anytime you feel thirsty.
- Drink MOVIPREP® slowly, one 6-ounce glass every 10-15 minutes.
- Drink half the amount of water or tea as the amount of MOVIPREP®.
- Contact medical staff immediately if you have any trouble while drinking MOVIPREP®.

If you have the following symptoms while drinking MOVIPREP®, please stop drinking MOVIPREP® immediately and contact your doctor or other medical staff.

If you have the following symptoms after drinking MOVIPREP®, please contact your doctor or other medical staff immediately.

- sickness
- nausea
- vomiting
- abdominal pain
- paleness
- dizziness
- chills
- facial swelling
- choking
- urticaria

If the liquid stool becomes clear, you should stop drinking MOVIPREP®.